

Wet News from 4Rs.org

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Middle School Swimmers, get some extra water time and coaching in advance of the PPS Championship Meet, especially since there is no school for two days prior to the meet.

Come to join in a no-cost, swim clinic on

Starts, Turns and Finishes

open to any and all swimmers and their guardians with the Saturday Swim School at PPS Allegheny, **January 18, 2020.**

Morning session: 9 to 11 am.

- or -

Mid-day session: 11:30 to 1 pm.

This is not a district sponsored event. PPS swim coaches, guardians and siblings are welcome to attend and participate.

Sponsor is The Pittsburgh Project, Coach Mark Rauterkus and volunteer Duquesne Univ club swimmers.

More information and details at <https://4Rs.org>. Email Mark@Rauterkus.com, cell is 412-298-3432.

Free lycra, racing swim suits are being provided to swimmers that attend and sign-up in advance, while sizes and supplies last.